

**STORAGE AND CLEANING:**

The sports mouthguard should be stored in a dry, clean place out of direct sunlight, preferably in a box which is ventilated. The mouthguard should be cleaned after use, using soap and water, and not abrasive cleansers and bleaches.

**NOTE:**

Do not use any solutions containing bleach or chlorine and never subject the mouthguard to any form of heat whatsoever.

**EC DECLARATION OF CONFORMITY**

Dr Phil Borman, Dental Practice, Market Square, Kirkby Stephen, Cumbria, declare that your new custom-made sports mouthguard conforms with the Medical Devices Regulations.

Place of issue

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Date

.....

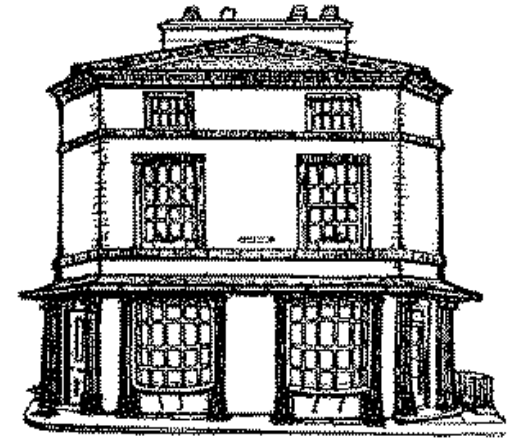
Signature

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PROTECT YOUR  
SMILE

WEAR YOUR  
MOUTHGUARD  
FOR SPORTS

# MOUTHGUARDS



The Dental Practice  
Market Square  
Kirkby Stephen  
CA17 4QT

Tel: 017683 71250

Thank you for selecting our custom-made sports mouthguard. We trust you receive it in good condition and free from defects.

If you should have any complaints or queries about the mouthguard, contact the practice.

Upon receipt of your sports mouthguard we recommend the following:

- a. Ensure the sports mouthguard fits accurately and comfortably and is not restrictive.
- b. Advise your coach, manager, teacher, etc. that you will be wearing a mouthguard. Similarly, advise the person responsible for the sporting event every time you wear it.
- c. Cleaning instructions: Do not use abrasive cleaners. Use soap and water only.

The mouthguard should be replaced / cease to be worn:

- a. If you incur any form of irritation or side effect (consult your dentist or doctor immediately).
- b. After one sporting season.
- c. If it no longer fits accurately or becomes restrictive.
- d. If it becomes damaged or shows sign of deterioration.
- e. After an incident whereby the sports mouthguard has been subjected to a force or impact.
- f. If there is any change in your dentition.

NOTE:

Under no circumstances should this sports mouthguard be worn by any other person, other than the person it was custom made for, and no modification should be made to its design.

#### DESIGN PRINCIPLES

Custom-made sports mouthguards are manufactured to afford the wearer the highest level of protection for the mouth and teeth from minor impacts and vibrations. They are designed so as to create minimal restriction to speech, saliva, tongue and in particular the respiratory tract. The techniques and material used within the manufacturing process have been widely used throughout the world for many years and have been seen to offer a degree of protection as defined within our design principles.

#### INNOCUOUSNESS

The custom-made sports mouthguard is made from material that has been used extensively, and no known side effects have been apparent to the health of the wearer. It is not affected by any environment likely to be encountered in the mouth and in its finished state has no sharp or protruding edges.

#### COMFORT AND EFFICIENCY

The custom-made sports mouthguard is manufactured to fit comfortably and correctly. It is made to maximum thickness to afford protection without being restrictive and is as light as possible without compromising strength and safety.

NOTE:

The sports mouthguard is manufactured on a model of the wearers mouth, which has been cast from an impression supplied from a dentist. Therefore the ergonomics of the sports mouthguard are largely dependent on the original impression. All manufacturing and quality procedures are carried out using the impression and model.

Disclaimer:

Your mouthguard offers a degree of protection against minor impacts, but will not eliminate injury. It may reduce the extent of injury sustained.